

**MID-ILLINOIS TALKING BOOK CENTER
RECORDED MAGAZINES – CASSETTE
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AARP BULLETIN (monthly)

Legislative news of interest to retired people; health care and costs; Social Security.

AARP MAGAZINE (monthly)

Features short articles on a variety of subjects of interest to the active person over age 54. Published by the American Association of Retired Persons (AARP).

AMERICAN HERITAGE (8 issues per year)

America's social, educational, cultural history.

AMERICAN HISTORY (bimonthly)

In-depth articles and engaging essays from top historians and journalists.

ANALOG SCIENCE FICTION AND FACT (13 issues per year)

Short stories, novelettes, and features with science fiction themes.

ASIMOV'S SCIENCE FICTION (12 issues per year)

Short stories, novelettes, and features with science fiction themes.

ATLANTIC MONTHLY (monthly)

Articles on politics and current issues; fiction by contemporary American writers.

BARRON'S (weekly)

Business, finance, and stock market information.

BETTER HOMES AND GARDENS (monthly)

Ideas and improvement projects for your home and garden plus recipes and entertaining ideas

BON APPETIT (monthly)

Cooking, entertainment, and travel; recipes from favorite and well-known restaurants.

BUENHOGAR (monthly) In Spanish.

Articles on home management, beauty, fashions, and decorating.

CAPPER'S (Biweekly)

This down-home paper is filled with practical advice offering money and time-saving suggestions. Much of the material is submitted by the readership.

CHOICE MAGAZINE LISTENING (bimonthly)

An anthology of unabridged articles, poetry, and fiction from one hundred magazines such as *The Atlantic*, *The New Yorker*, and *Smithsonian*.

CONSUMER REPORTS (monthly)

In-depth articles that rate consumer products tested for quality, durability, and safety; also contains general-interest articles on such topics as health and money management.

CONTEMPORARY SOUND TRACK: A REVIEW OF POP, JAZZ, AND COUNTRY (bimonthly)

A sampler of articles from national magazines concerned with jazz, rock, country, and pop music.

COUNTRY (bimonthly)

Rural and small-town living; crafts and foods; reviews of country inns and farm vacations.

COUNTRY WOMAN (bimonthly)

Household, farm, and garden advice; crafts, decorating, and recipes.

CRICKET: THE MAGAZINE FOR CHILDREN (monthly)

Stories, poems, and articles by internationally known authors; jokes and crafts. For ages 6-12. On one cassette with *National Geographic World*.

DAS BESTE AUS READER'S DIGEST (10 issues per year)

German edition of Reader's Digest. First-person articles, profiles, opinion pieces, and other general-interest articles. Selections come from German-language magazines as well as the American edition of *Reader's Digest*.

DIABETES FORECAST (monthly)

Diabetes, nutrition, and health care; research findings. Published by the American Diabetes Association.

DIABETES SELF MANAGEMENT (bimonthly)

Current information about diabetes research and patient care.

DISCIPLESHIP JOURNAL (bimonthly)

Focuses on one aspect of your relationship with Jesus Christ and explores practical ways to enrich it day by day. It gives advice about such topics as dating, the importance of prayer, being a believer in the workplace, and plans for Bible reading. Each issue also includes a study guide and discussion questions.

DISCOVER: THE WORLD OF SCIENCE (monthly)

Articles on ecology, natural history, science, and technology; news on breakthroughs in science, technology, and medicine; book reviews, puzzles, and awards for technological innovations.

EBONY (monthly)

Articles on food, dress, leisure, travel, and personalities, with emphasis on achievements of African Americans.

ELLERY QUEEN'S MYSTERY MAGAZINE (11 issues per year)

Mystery stories by top writers in the field and by new, previously unpublished writers.

FOREIGN AFFAIRS (quarterly)

Statesmen, diplomats, and scholars analyze issues and trends in international politics, law, and economics.

GOOD HOUSEKEEPING (monthly, plus special issues)

Articles on family and home management, with features on food and decorating.

GOOD OLD DAYS (monthly)

Articles written by senior Americans about experiences and memories from their childhood.

GUIDEPOSTS (monthly)

Consists of personal narratives about overcoming difficult odds through faith.

HEALTH AND NUTRITION NEWSLETTERS (monthly)

Articles on medical conditions of special interest to older adults; nutritional information, and ways to maintain good health from Dr. Andrew Weil's *Self Healing*; *The Johns Hopkins Medical Letter: Health After 50*; *Mayo Clinic Health Letter*; and *Nutrition Action Healthletter*.

HEALTHY EXCHANGES FOOD NEWSLETTER (monthly)

A collection of low-fat, low-calorie easy recipes; including information on the diabetic food-exchange program.

HORTICULTURE (8 issues)

Gardening trends, products, and projects for the amateur gardener.

HUMPTY DUMPTY (9 issues)

Exercise, good eating habits, and safety are emphasized through stories, poems, comics, and activities in this health-oriented magazine. For children ages 4-6.

IN-FISHERMAN (bimonthly)

Freshwater fishing around the world; techniques of fishing and science of fisheries.

KIPLINGER'S RETIREMENT REPORT (monthly)

Advice and trends of interest to retired persons and to those planning for retirement.

LE JOURNAL FRANCAIS (monthly) French

Articles on Franco-American culture, current events, religion, business, and history of interest to French-speaking Americans and students of the French language.

MAGAZINE OF THE MONTH (monthly)

Special NLS program designed to provide a limited substitute for newsstand browsing; readers are sent a different sample magazine each month.

MIDWEST LIVING (bimonthly)

Features articles on travel, places and events, food and dining, recipes, recreation, home and garden, and landscapes in America's Heartland; Illinois, Indiana, Iowa, Kansas, Michigan, Missouri, Nebraska, North Dakota, Ohio, South Dakota, and Wisconsin.

MONEY (15 issues per year)

Articles on money management, consumer, and family issues; includes regular columns with news and advice on jobs, taxes, Social Security, investments, products, and services.

MUSICAL MAINSTREAM (quarterly)

Selected articles from national magazines about classical music, music criticism, and music teaching; lists new NLS music acquisitions.

NARFE MAGAZINE

Subject of interest to the retired federal worker. Official journal of the National Association of Retired Federal Employees.

THE NATION (47 issues)

Covers foreign affairs, local and national politics, education, and law. Reviews films, theater, books, and the arts.

NATIONAL GEOGRAPHIC (monthly)

Articles on world geography and cultures, plant and animal life, space exploration, and ancient history.

NATIONAL GEOGRAPHIC TRAVELER (bimonthly)

Readers experience a vivid sense of each featured destination along with things to do through well-written articles.

NATIONAL GEOGRAPHIC WORLD (monthly)

Articles for children about people, places, customs, animals, and plant life. On one cassette with *Cricket*.

NATIONAL REVIEW (25 issues)

Presents a conservative viewpoint on business, politics, economics, education, and other subjects; edited by William F. Buckley, Jr.

NEW YORK TIMES BOOK REVIEW (weekly)

Literary articles and book reviews from the Sunday *New York Times*.

NEWSWEEK (weekly)

News magazine.

ODYSSEY (monthly)

Science magazine for young adventurers.

ORGANIC GARDENING (bimonthly)

Organic methods of gardening, cooking techniques, and nutrition.

OUTDOOR LIFE (monthly)

Adventures and experiences in hunting and fishing; information on conservation and game laws; reports on sporting equipment and techniques.

PARENTS (monthly)

Articles cover a wide variety of topics of interest to parents; features include information on beauty and health, fashion, nutrition, and dual-career families.

PLAYBOY (monthly)

Fiction, interviews, and articles with a male perspective.

PEOPLE WEEKLY (weekly)

News, articles, and interviews of celebrities.

POPULAR SCIENCE (monthly)

New products, trends, and practical applications of science and technology.

QST (monthly)

Contains project-building ideas and news on all aspects of ham radio. Official publications of the American Radio Relay League.

QUARTERLY MUSIC MAGAZINE (quarterly)

Designed to provide a limited substitute for newsstand browsing: readers are sent a different music magazine each quarter. Covers a variety of aspects and types of music, such as opera, jazz, and country; guitar, and keyboard; and music teaching.

READER'S DIGEST (monthly)

First-person articles, profiles, opinion pieces, and other general interest articles.

REDBOOK (monthly)

Fiction; child rearing and family relations; home decoration ideas; fashion and beauty hints.

REMINISCE (bimonthly)

General-interest articles with sentimental reflections on the past.

SATURDAY EVENING POST (bimonthly)

Beauty and fashion for young women; articles on careers, education, family, social relations, and diet.

SELECCIONES DEL READER'S DIGEST (monthly)

Spanish edition of *Reader's Digest*. First-person articles, profiles, opinion pieces, and other general interest articles.

SELECTIONS DU READER'S DIGEST (monthly)

French edition of *Reader's Digest*. First person articles, profiles, opinion pieces, and other general interest articles. (Canada).

SEVENTEEN (monthly)

Beauty and fashion for young women; articles on careers, education, family, social relations, and diet.

SMART COMPUTING (monthly)

Articles on home computing and reviews of computer software and hardware.

SMITHSONIAN (monthly)

Articles on natural history, science, archaeology, art history, and ecology; also lists and describes museum events.

SOUND AND VISION (10 issues)

Reports on new sound equipment and record reviews, with emphasis on popular music.

SOUTHERN LIVING (monthly)

Gardening, history, travel, recipes. Focus on the southern style of life.

SPIDER: THE MAGAZINE FOR CHILDREN (monthly)

Stories, poems, jokes, and crafts for beginning readers ages 6 – 9.

SPORTS ILLUSTRATED (weekly)

International sports news and articles with emphasis on American spectator sports; features on sports personalities, sports events, and outdoor activities.

SPORTS ILLUSTRATED FOR KIDS (monthly)

Sports news and articles for ages 8 – 13; features sports personalities, events, and sports cards, youth who are excelling in sports; regular column by youth discussing a controversial sport-related issue.

TALKING BOOK TOPICS (bimonthly)

Cassette, computer diskette, electronic access, large print. Announcements of talking books for blind and physically disabled individuals. Cassette edition includes selections from the NLS Newsletter News. One-line annotations of books in Talking Book Topics are included in Braille Book Review.

TASTE OF HOME (bimonthly)

Kitchen-tested recipes from **home** cooks.

TIME (weekly)

Selections from *Time* magazine.

TRAVEL AND LEISURE (10 issues)

Travel; articles on vacation sites, with tips on food and photography.

TRUE WEST (monthly)

Nonfiction articles about the Old West, written by historians and western buffs.

U.S. NEWS AND WORLD REPORT (50 issues/year)

News and commentary on world events. Abridged version.

US (biweekly)

Articles concentrate on Hollywood's famous and not-so-famous; television and late-night talk show guests are saluted.

VITAL SPEECHES OF THE DAY (biweekly)

Features 8-10 speeches by individuals "who have attained leadership in the fields of economics, politics, education, sociology, government, criminology, finance, business, taxation, health, law, labor, etc."

WALLACE'S FARMER (bimonthly)

The premier farm publication for Iowa producers.

WALLEYE (bimonthly)

Fishing techniques, boats, equipment, cooking, and environmental issues.

WOMAN'S DAY (15 issues/year)

Home management with recipes, crafts, and decorating ideas.

THE WRITER (monthly)

New and established writers discuss their craft and work experiences. Regular columns feature trade news, contest information and names and addresses of manuscript markets.

YOUNG ADULT MAGAZINE OF THE MONTH (monthly)

Special NLS program designed to provide a limited substitute for newsstand browsing for young adults; readers are sent a different sample magazine each month.

ORDER FORM

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___ HEALTHY EXCHANGES FOOD NEWSLETTER (HEF3)
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